

The background is a solid dark blue. Overlaid on this are several thick, smooth, grey lines that flow from the top left towards the bottom right. These lines are curved and overlapping, creating a sense of movement. A small, solid grey circle is positioned near the top center, partially enclosed by one of the flowing lines.

*Pilgrims*

A large, light gray, stylized letter 'P' is centered on the page, serving as a background watermark. It has a thick stroke and a circular loop at the top.

# Coaching for Professionals

# The History of Pilgrims

An overwhelming desire to create an environment that would stimulate and inspire their students is what drove Mario Rinvulcri and James Dixey to open Pilgrims in 1974.

Concerned by the fact that teachers in traditional schools focused more on the course books and a method, they identified that a more immediate result could be achieved by putting the learner at the centre of the learning process.

Their ethos – Pilgrims does not teach a language but teaches people.

This pedagogic philosophy is now celebrated throughout the world as the ‘Humanistic Approach’; it inspires thousands of Children & Teenagers, Business Professionals and Teachers. Indeed, Pilgrims has published over 50 Teacher’s resource books on the subject and continues to guide teachers worldwide through the pioneering online magazine ‘Humanising Language Teaching’.

People come to Pilgrims not just to focus on their English, but to focus on their relationship with their English: this transformation at a deep personal level empowers them to take responsibility for how they learn and how they can communicate powerfully in the global language.

# The Spirit of Pilgrims

We specialise in the personal growth and development of every one on the course. Our goal is to have participants communicate freely, be effective and release their potential. We achieve this by focussing on clearly identified, stated and agreed goals between ourselves and the participants. We then provide stimulating and challenging interventions using modern coaching methods that leave participants fulfilled with their progress, with themselves and their communication.

Participants leave Pilgrims with access to personal confidence, freedom and new levels of self expression.

# The Pilgrims Philosophy

We believe that successful language acquisition is based on strong relationships between participants and coaches. It is also based on a positive relationship for the participant with themselves. Our passionate, committed coaches go beyond traditional English training methods and lead the learning as a journey of personal self-discovery which creates increased levels of performance in speaking and listening.

Every participant is encouraged to share and express themselves in a safe, action focused environment.

We believe that participants have the right to make informed choices for themselves and all our courses make them aware of the power of choice in every moment they are with us and in the future.

# A Love of English

Pilgrims promotes English from “Breakfast to Bedtime”. Participants are immersed in an English environment littered with challenging and inspiring coaching sessions and activities. Through friendly co-operation and competition, all are challenged to succeed.

Coaches and trainers are always engaging with participants in English inside and outside of the learning environment. This creates a real desire and motivation to use English to communicate and get involved, despite being a second or third language. By creating a real need to communicate on so many levels the true love of English is developed.

Participants leave Pilgrims with so much positivity and passion. They leave Pilgrims transformed as people with greater confidence in themselves and in manoeuvring in the global community they are part of.

Participants leave Pilgrims with a whole new relationship with themselves and their ability to use English to communicate freely, be effective and release their potential.



“

Coming to Pilgrims is a real life experience not to miss. It's amazing!

After my experience, I can create new opportunities, I have a new relationship with my English.

Thank you very much to all my coaches and to each and every one of you for your help

”

*Sylvie, Senior Executive  
Sigfox, France*



## The Programme

Coaching and learning are very human endeavours. There are differences between what works for one person and what works for another. At Pilgrims we understand this diversity and focus on the individual needs of each of our participants. Creativity is the key to helping our participants reach their aims.

This tailored approach to learning spills into every part of the programme thus making the entire Pilgrims experience a pedagogic process. The coaching centre is not the only place where our participants learn and practice their English. Our highly imaginative processes provide effective ways to explore the English language, improve communication and interpersonal skills.

The Pilgrims programme is completely unique and is unrivalled in its effectiveness in having participants achieve the results that they want and deserve. Although we have a weekly timetable, no two weeks are ever the same because of our commitment to designing content and learning experiences to meet all participants' needs, interests and goals.

“

The easiest, most relaxed and at same time one of the most efficient ways to learn English. Strongly recommended.

”

*Konstantin, Design Director,  
Yandex, Russia*



# Sample Timetable

Morning	
09.00 - 10.30	<b>Course Setting objectives</b> Meet with your coaches to explore weekly and daily objectives, divide into small groups for the morning coaching, focus on speaking and listening, work on awareness activities that release your blocks and open up possibilities for free self-expression.
10.30 - 10.45	<b>Break</b>
10.45 to 12.30	<b>Course</b> Regroup or create new groups to continue with being coached on self-expression and accurate meanings into words.
12.30 to 13.30	<b>Lunch</b> Lunch in a local restaurant with a Pilgrims member of staff.
Afternoon	
13.30 to 14.00	<b>Free time</b>
14.00 to 15.30	<b>Course</b> New coaches and trainers, new groups, new objectives and new experiences to continue developing English and communication skills.
15.30 to 15.45	<b>Break</b>
15.45 to 17.30	<b>Course</b> New small groups and possible one to one focus on English, professional skills and the power to influence authentically and openly.
Evening	
18.30	<b>Dinner</b> Dinner with host family.
20.00 to 22.00	<b>Interactive evening</b> An interactive evening with a Pilgrims trainer to explore cultural experiences and learning.

## Personal Service

Taking care of every request and individual need is something that Pilgrims prides itself on.

The ratio of staff, coaches, trainers and support staff allows us to recognise and respond to each participant's specific needs and interests immediately.

## Open Environment

The learning environment is modern and open; meaning there are no traditional classrooms but a space that allows for fluidity, fluency and spontaneity. This open environment simulates real life and avoids the artificiality of traditional classrooms.

This open environment facilitates maximum communication and confidence building for all participants. It also creates a "real life" experience so that there is a seamless transition from learning in Pilgrims and the application of the learning back in the workplace.

## Canterbury

Set in the beautiful “Garden of England”, Canterbury is an historic jewel in England’s crown. Canterbury provides a safe and open environment in which participants feel welcomed and appreciated.

Canterbury is inhabited by people who have a love of culture, history, tradition and combined with this rich tradition local people embrace the future with a sense of acceptance and innovation.



## Accommodation

Pilgrims host families reflect the culture in Canterbury and are always warm and welcoming of people from all over the world. We recommend staying with a Pilgrims host family as it provides more English culture and the opportunity to speak more English.



“

It is the most customized course I ever did. At the beginning very hard work talking 14 hours a day, but after a few days you feel passionate because you feel the language and feel comfortable

”

*Gabriella, Wild  
GmbH, Germany*





*Pilgrims*

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